



Old Town HOG Safety Program

COLD – it happens here– sometimes-- drew

Riding a motorcycle in cold weather is a challenge to even the hardest soul. Layers of underclothes from silky thin to medium and heavy the search for cold weather motorcycle clothes is dynamic. The seasoned rider not wanting to hang up the chaps and admit defeat rides on.

Motorcycle Clothes For Winter Riding

Regardless, watching the weather and dressing appropriately is the answer to a safe and fun ride. Choosing the proper riding gear is the first step. Beginning with outer wear and working your way in gives the rider room to move.

1. Ladies or Gents choosing a riding jacket a size larger will allow room for layers. Leather or textile, a jacket with a zip in or snap liner is an extra layer not usually considered.
2. A good pair of Motorcycle Chaps or Motorcycle Leather Over-pants will help keep the lower body warm by blocking the cold wind from penetrating. Layers are going to be the riders best defense.
3. Underclothes for Men and Women come in ultralight or silky, medium and heavy made from cotton and cotton blends. Consider the temperatures and refer to the windchill chart to determine what will suit your needs. Avoid too many layers to prevent sweating and dampening your underclothes.
4. Hands and feet are probably the hardest part of the body to keep and stay warm. For the hands combining a good pair of lined gloves and hand grip warmers will do the job even on the coldest days. Try wearing a pair of thin rubber gloves (surgical) under your regular gloves for extra protection.
5. The feet can prove to be a bit more difficult but a good pair of Thermal Lined Socks can keep the feet warm or even consider battery operated heaters. Bring an extra pair if on a longer ride just in case your feet start to sweat. Once socks become damp the feet may get cold making it harder to warm back up.
6. A balaclava or leather bandanna tucked into the jacket collar will not only block the wind and protect the neck but also create warmth from exhaled air captured.

The chart provided by NOAA (National Weather Service) shows what the temperature actually is (windchill factor) when taking wind speed into consideration. Paying attention

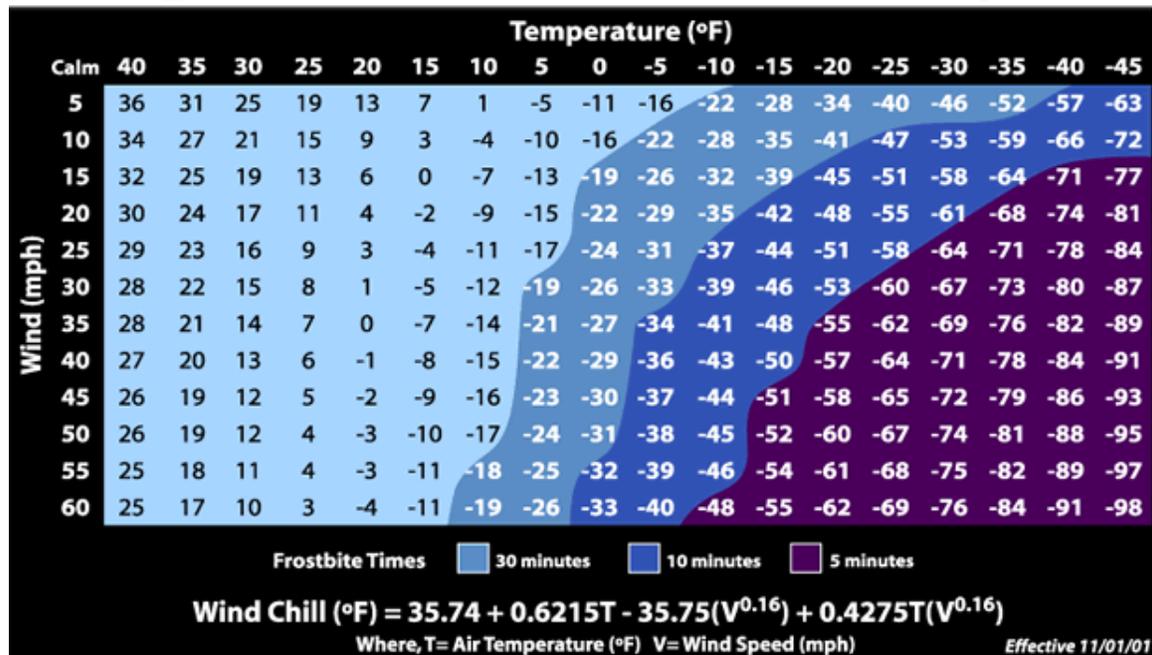
to what happens to your body when cold weather is a factor could be the difference between a fun ride and a miserable ride. Understanding the three stages of frostbite gives the motorcycle rider an edge on avoiding a painful and possibly life changing event. By reviewing this article What Is and Causes Frostbite (<http://www.medicalnewstoday.com/articles/166187.php>) in Medical News Today, the motorcyclist will have that advantage.

If possible and cold weather riding is an option, create a flight plan with frequent stops to allow the body temperature core to warm back up. By doing your homework and assembling the proper gear, cold weather riding is possible. Making informed decisions allows the motorcyclist to adapt to weather and continue to ride in less than desirable conditions. Wearing proper motorcycle gear is necessary anytime bikers challenge the elements. Be Safe and Ride On

Riding motorcycles is a passion fueled by the wind, sun, rain and cold. Generations of men and women have experienced the excitement of straddling raw power with the freedom to roam. Saddlebags packed with sunscreen, biker jacket, biker vest, motorcycle chaps, rain suit and tool bag, are the answers for a long tour needed for all weather. Motorcycle clothes at <http://cool-riders.com> speaks loud that this rider has what it takes to be in control. Article Source: http://EzineArticles.com/?expert=Carla_Drake



NWS Windchill Chart



Safety is No Accident!